



# CARREFOUR BIENVEILLANCE 50+

Pour un vieillissement actif et heureux  
dans Vaudreuil-Soulanges

Newsletter  
october 2025

## National Seniors Day is October 1

Successful 4th edition of the Vaudreuil-Soulanges Seniors' Roundtable Dinner and Dance as part of International Seniors' Day 2025

No fewer than 320 participants from across the Vaudreuil-Soulanges region gathered to celebrate this special day, dedicated to recognizing the invaluable contribution of older adults to our society



Marie-Pier Boucher, Marie-Christine Floch, Jasmine Dufour

This initiative aims to highlight the diversity and commitment of seniors within their community, while promoting their active participation in social life.



crédit photo: Desjardins Caisse Vaudreuil- Soulanges

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# National Seniors Day

Let's thank  
the older adults  
in our lives!



#NationalSeniorsDay



As you may have noticed with the recent survey, *Carrefour Bienveillance 50+* has begun the first stage of developing its 2026-2029 strategic plan, in a resolutely collaborative approach.

Thank  
you

Your participation is essential throughout this process, and we sincerely thank you for taking the time to respond to this survey.

Your responses will provide us with valuable insights and ideas for action as we prepare for an initial participatory meeting.

The goal of this meeting will be to jointly develop a shared vision of the changes we want to see in the organization over the next three years.

Over the coming months, you will be invited to take part in the various stages of this strategic planning process.

Together, we will engage in a collective reflection to clearly define our vision and our main orientations for the years to come.

Stay tuned for our upcoming invitations!