



For
Florence



the trend is toward **kindness**



Caregivers
are essential,
and so is their
well-being!

IF YOU ARE A CAREGIVER

The role of caregiver can be an enriching experience of engagement with others, but it also entails risks of mistreatment.

Here are some ways to promote proper treatment, and some resources to help you see the path ahead more clearly.

link to [TOOL BOX](#)

30 th anniversary



On December 5, International Volunteer Day, what a wonderful opportunity to highlight the enormous work of all the Repas Partagés volunteers.

Les Repas Partagés de Notre-Dame-de-l'Île-Perrot, with *Sylvie Gauthier's* thunderous team, recently celebrated its 30th anniversary.

ENSEMBLE, Faire une vraie différence

JOURNÉE INTERNATIONALE
DES BÉNÉVOLES

rabq.ca/5decembre



Organisée par le



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How the Fir Tree Became the Christmas Tree

Reference : Allemagne

This is the story of how the fir tree became the Christmas tree. At the time when the Christ Child was born all the people, the animals, and the trees, and plants were very happy. The Child was born to bring peace and happiness to the whole world. People came daily to see the little One, and they always brought gifts with them.

There were three trees standing near the crypt which saw the people, and they wished that they, too, might give presents to the Christ Child. The Palm said:

"I will choose my most beautiful leaf, and place it as a fan over the Child."

"And I," said the Olive, "will sprinkle sweet-smelling oil upon His head."

"What can I give to the Child?" asked the Fir, who stood near.

"You!" cried the others.

"You have nothing to offer Him. Your needles would prick Him, and your tears are sticky."

So the poor little Fir tree was very unhappy, and it said:

"Yes, you are right. I have nothing to offer the Christ Child."

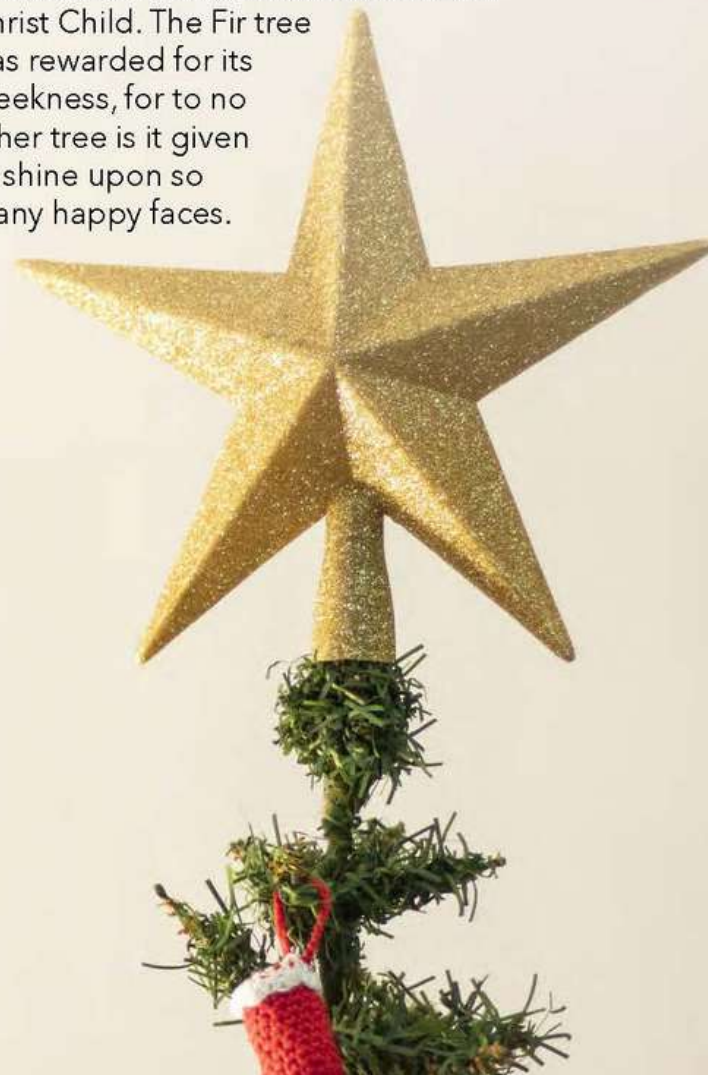
Now, quite near the trees stood the Christmas Angel, who had heard all that the trees had said. The Angel was sorry for the Fir tree who was so lowly and without envy of the other trees. So, when it was dark, and the stars came out, he begged a few of the little stars to come down and rest upon the branches of the Fir tree. They did as the

Christmas Angel asked, and the Fir tree shone suddenly with a beautiful light.

And, at that very moment, the Christ Child opened His eyes—for He had been asleep—and as the lovely light fell upon Him He smiled.

Every year people keep the dear Christmas Child's birthday by giving gifts to each other, and every year, in remembrance of His first birthday, the Christmas Angel places in every house a fir tree, also.

Covered with starry candles it shines for the children as the stars shone for the Christ Child. The Fir tree was rewarded for its meekness, for to no other tree is it given to shine upon so many happy faces.





Random draw for 4 prizes

Once again this year, we'll be raffling off four (4) lucky prizes to our members. Stay tuned, a member of the organization will contact the lucky winners.

Message from the team

As the holiday season approaches, the entire team at the **Grand Rassemblement des Aînés de Vaudreuil et Soulanges** (soon to be **Carrefour Bienveillance 50+**) sincerely hope that all your wishes come true and that this period brings you happiness, health, prosperity and serenity.

Offices closed:
December 22nd
to January 5th
inclusive

In case of emergency: dial 911

In a crisis: contact Tournant 450-371-4090 or 1-833-371-4090

For all other situations: contact CISSMO at 450-455-6171



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