



CARREFOUR BIENVEILLANCE 50+

Pour un vieillissement actif et heureux
dans Vaudreuil-Soulanges

Newsletter
September 2024



We are back with
renewed energy. Do not
hesitate to send us your
comments and or
suggestions.
We listen!

Library workshops on
Elder Wellness
all the details....



In libraries in the region:
Workshops offered by the *Carrefour Bienveillance* 50+ in collaboration with municipalities to inform you about fraud and mistreatment, as well as the means to combat it.

Rigaud Library - 1:30 p.m. to 3:00 p.m. (450-0869 (260))

Tuesday, October 8: Caregiver and physical abuse;
What can we do about that?

Tuesday, October 29: Fraud, urgent payment and over-the-shoulder espionage

Pincourt Library - (514-453-8981 (214))

Tuesday, September 24: (1:30 p.m. to 3 p.m.) Caregiver, fraud and urgent payment

Tuesday, October 22: (10 a.m. to 11:30 a.m.) Recognizing Psychological and Physical Abuse;
What can we do about that?

Jules-Fournier Library - Coteau du Lac - 1:30 p.m. to 3:00 p.m. (450-763-2763)

Wednesday, September 25: Caregiver and Physical Abuse
What can we do about that?

Wednesday, October 9: Psychological and sexual abuse;
What can we do about that?

Gaby-Farmer-Denis Library - Les Cèdres - (450-452-4250)

Wednesday, September 18: (1:30 p.m. to 3:00 p.m.) Caregiver and how to recognize psychological abuse;
What can we do about that?

Wednesday, October 16: (2:00 p.m. to 3:30 p.m.) Physical and sexual abuse;
What can we do about that?

Watch for the next newsletter
to discover
Workshops coming up in November!

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Workshops offered by the Carrefour Bienveillance 50+
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fraud and mistreatment, as well as the means to combat it.*

Vaudreuil-Dorion Library - 1:30 p.m. to 3:00 p.m. (450-455-3371)

Tuesday, October 1: Caregiver and Fraud (Spying Over the Shoulder)

Monday, October 28: Recognizing Psychological and Physical Abuse,
What can we do about that?

**Les Coteaux Library - 1:30 p.m. to 3:00 p.m.
(450-267-3531 ext. 225)**

Monday, September 23: Caregiver and how to recognize psychological abuse;
What can we do about that?

**Monday, October 21: Physical and sexual abuse;
What can we do about that?**

**Marie-Uguay Library - Notre-Dame-de-l'Île-Perrot
(514-453-0013)**

Monday, October 7: (1:30 p.m. to 3:00 p.m.) Caregiver and psychological abuse
What can we do about that?

Tuesday, October 22: (10:30 a.m. to 12:00 p.m.) Physical and sexual abuse;
What can we do about that?

**Guy-Godin Library - Ville Île Perrot 1:30 pm to 3:00 pm
(514-453-1751 #2)**

Wednesday, October 2: Caregiver, fraud and urgent payment

Tuesday, October 15: Psychological abuse and spying over the shoulder;
What can we do about that?

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